1. Letter from the President

AAOP TOWN MEETING AT THE SAN FRANCISCO BREAKFAST SESSIONS

In what direction should AAOP move? Should it be an orofacial pain academy? Should it be a TMD academy? What do you want?

Don Primack recently surveyed our members, which found while members are pleased with the services our academy provides, some members would like to see the academy become more orientated towards TMD and others prefer it to become more OFP oriented.

The AAOP leaders want to respond to the desires of our members and satisfy their needs. The main academy event is our annual meeting and it would not be difficult to design it with a TMD orientation, a OFP orientation, or provide both at the same meeting.

Therefore, I propose that our annual meetings provide two pathways, with both a TMD pathway and OFP pathway offered the entire Friday and Saturday afternoons. In this scenario, a member could attend three or four TMD oriented clinical lectures on Friday afternoon and three or four more on Saturday afternoon. While another member could attend three or four OFP oriented clinical lectures on Friday afternoon and three or four more on Saturday afternoon. Alternately, some members may choose to mix lectures from both pathways according to their personal desires. This would enable each member to “customize” our annual meetings to their personal preference. The morning sessions would be dedicated to scientific advances in both fields. This concept is only my proposal and only being discussed at this time. I feel as the president, it is my duty to provide the academy with leadership by opening a discussion about the academy's identity and a concrete way to implement a dual identity.

The leadership needs to hear your suggestions! There will soon be a short questionnaire (designed by an organizational psychologist, Dr. Ken Kraft) that asks what direction would you like to see the academy move and how the academy can help advance your career and ability to make a living. Please take a few minutes to answer the questionnaire. It will be sent to you on the AAOP listserv and in paper form.
We will have two breakfast sessions at the San Francisco meeting where the AAOP leadership would like to obtain additional membership input on this subject. Every member is encouraged to attend and participate in the round table discussion on Friday and the “open mike” session on Saturday. Through the information collected by Don Primack's survey, Ken Kraft’s questionnaire, and the two breakfast sessions lead by Dr. Kraft and Dr. Rich Cohen, the AAOP leadership will attempt to make AAOP a better organization for you.

The TMJ Society of America is a national consortium of TMD patient support groups, headed by Liz Helms. The AAOP Council voted to discuss with the TMJ Society of America the possibility of it becoming an AAOP affiliate organization.

The Council also voted to pursue an opportunity for AAOP members to become affiliate members of the American Headache Society, without additional membership dues and thereby receive their journal at no cost. The same opportunity would be extended to members of the AHS to become affiliate members of AAOP. If this opportunity were to occur, each member would decide whether he or she chose to become an affiliate member of the other organization.

Finally, the Council voted to pursue a full day pre-convention continuing education course, specifically designed for members who would like to treat headaches, such as migraine and its variants. The course will consist of a home study academic preparation phase and the full day pre-convention course will consist of clinically relevant headache diagnosis and treatment, along with case presentations.

See you in San Francisco.

Very Truly Yours,

Robert S. Rosenbaum, DMD
President, American Academy of Orofacial Pain

2. AAOP 29th Annual Scientific Meeting

March 25-28, 2004
Grand Hyatt on Union Square
San Francisco, California

Golden Gate Bridge
Preliminary Agenda

**Thursday, March 25, 2004**

**Pre-Conference Workshops**

**Pre-Conference I:**
Pharmacology for Orofacial Pain Conditions
Steven Ganzberg, DMD, MS
Narcotics for Non-malignant Chronic Pain Orofacial Pain
Lori Reisner, Pharm.D.

**Pre-Conference II:**
Orofacial Pain Practice Management
Rose Nierman, RDH

**Fisherman's Wharf**

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**Friday, March 26, 2004**

8:00 - 8:10 am Welcome and Award Presentation
Robert Rosenbaum, DMD

8:10 - 8:40 am Award Recipient
Barry Sessle, PhD

8:40 - 10:10 am Module 1 Musculoskeletal: Non-reducing Disk
Moderator: David Keith, DMD
Scientific: Stephen Milam, DDS, PhD
Clinical: Jeffrey Okeson, DMD
Patient Representative: Liz Helms

10:10 - 10:45 am Break/Posters/Exhibits

10:45 - 12:15 pm Module 2 Neurovascular: Rebound Headaches and Chronic Migraine
Scientific: Michael Welch, MD
Clinical: Stephen Graff-Radford, DDS
Patient Representative: Jan Brandes, MD
12:15 - 1:30 pm Lunch
   Keynote Speaker - Barry Sessle, PhD

1:30 - 3:00 pm Module 3 Neuropathic: Toothache of Non-odontogenic Origin
   Scientific: Barry Sessle, PhD
   Clinical: Dorothy Dury, DDS, PhD
   Patient Representative: Claire Patterson

3:00 - 3:30 pm Break/Posters/Exhibits

3:30 – 4:15 pm Concurrent Session I
A. Professional Education Interests: Principles / Factual Elements of a Deposition
   Christopher Hyde, Esq.
B. Demonstration: How to do a True Cranial Nerve Examination
   Robert Merrill, DDS, MS
C. Physical Therapy: New TMJ Anatomical Concepts
   Terry Tanaka, DDS

4:20 - 5:05 pm Concurrent Session II
A. Professional Education Interests: Role Play Expert Witness / Deposition
   Gary Heir, DMD
   Christopher Hyde, Esq.
B. Demonstration: Introduction to the use of Screening Questionnaires for Psychiatric Symptomatology SCL-90, MPI, BDA/BDI
   Charles Carlson, PhD
C. Physical Therapy: Overview of Physical Therapy Evaluation and Treatment for TMD
   Steve Kraus, PT, OCS, MTC

5:00 pm Cocktail Hour with Patients

5:30 pm Orientation for New Members

Golden Gate Park
Saturday, March 27, 2004

7:00 - 8:00 am Breakfast – All Member Strategic Planning Session

7:00 - 8:00 am BOTOX in Orofacial Pain
   Ghabi Kaspo

8:00 - 8:10 am Introduction of New Members

8:10 - 10:00 am Module 4 Bridging the Gap…What the Patient Really Needs from Us
   Living with a Chronic Pain Patient
   Ken Schueler, MD
   Video Interview
   Sheldon Gross, DDS

Multidisciplinary Interview
   Patient Advocate – TBA
   Patient – TBA
   Psychologist – Ken Kraft, PhD
   Doctor – Sheldon Gross, DDS

10:00 – 10:30 am Break/Posters/Exhibits

10:30 - 12:15 pm Module 5 Psychiatric and Psychosocial Symptomatology
   The Patient with Borderline Personality Disorder
   Joel Saper, MD

   The Anxious and / or Depressed Patient
   Charles Carlson, PhD

   The Suicidal Patient
   John Reeves, PhD

12:15 - 1:15 pm Lunch on your own

1:30 – 3:00 pm Module 6 Evidence Based Dentistry
   Moderator - Joseph "Rich" Cohen, DDS

   Principles of Evidence Based Dentistry
   Rick Niederman, DMD

   Practical Literature Research on TMD
   Rick Niederman, DMD

   Guidelines on Evidence Based Treatment
   James Fricton, DDS, MS

3:00 - 3:30 pm Break/Posters/Exhibits

3:30 – 4:15 pm Concurrent Session III
A. Professional Education Interests: Factual elements of an IME Report
   Gary Heir, DMD
B. Demonstration: How to use a Reflex Hammer, Otoscope, Ophthalmoscope
   Robert Merrill, DDS, MS
   Jeff Mannheimer, PhD, PT

4:30 - 5:30 pm Membership Meeting

7:00 pm President's Reception

Alcatraz Island

Sunday, March 28, 2004

7:00 - 8:00 am Breakfast – All Member Strategic Planning Session

7:00 - 8:00 am Breakfast Forum: Midface Migraines
   Sheldon Gross, DDS

8:00 am Opening
   Joseph "Rich" Cohen, DDS

8:15 - 10:15 am The Role of Occlusion in TMD
   Donald Seligman, DDS
   Andrew Pullinger, DDS, MSC

10:15 am Closing Remarks
PHYSICAL THERAPY PROGRAM
The Physical Therapy Board of Craniofacial and Cervical Therapeutics (PTBCCT) has developed the following program, which will be open to anyone (dentists and physical therapists) who has registered for the scientific session.

Dr. Terry Tanaka: New TMJ Anatomical Concepts
Steve Kraus: Overview of Physical Therapy Evaluation and Treatment for TMD
Mariano Rocabado: Orthopaedic Manual Therapy for Multiple Synovial TMJ Pathologies
Eveline Erni: Therapeutic Exercises for TMJ Hypo and Hypermobility
Barbara Semmel: The Reality of Airbag Trauma and Orofacial Pain Syndromes
Jeffrey Mannheimer: Headaches and Facial Pain of Cervical Origin: Etiology, Delineation and Therapeutic Management
The Academy of Orofacial Pain is proud to continue providing courses for the assistants and auxiliary of Facial Pain and TMD practices. The course will enhance the staff’s ability to improve the office outcome and increases the patient flow by decreasing the time the TMD and Facial pain practitioner spend with the patients and increase the productivity of the office.

The program will provide the staff with a certificate after completing a two day seminar and workshop, consisting of lectures, demonstrations and an exit exam, at the AAOP 29th Scientific Meeting.

3. **4th International Conference on Orofacial Pain and Temporomandibular Disorders**

Be sure to put on your calendar the 4th International Conference on Orofacial Pain and Temporomandibular Disorders. It will be August 26-28, 2005 in Sydney, Australia. The conference should be a fun and magnificent educational experience for the whole family!

**Sydney Harbor**

**Bronte Beach, Sydney**

**Northern Beaches, Sydney**
4. Thank You for Contributing Examination Questions

Gary Heir would like to thank everyone who contributed examination questions for the Board Examination. The board questions will be current and relevant to the state of art and science of TMD and OFP, thanks to your assistance and the committee who has been diligently working on this over the past several months.

5. ABOP Questions Updated

On the weekend of January 17 and 18, ABOP representatives (included international representation from Spain and Canada) met in Dallas, Texas. They spent 25 hours reviewing and updating the previous questions, reviewing and adding newly submitted ABOP questions, and writing new questions.

Gary Heir thanks all of the representatives for traveling so far and exceptionally proud of each individual's dedication and hard work. The committee feels they developed a board examination that is fair, timely and an accurate reflection of the literature.

The representatives were: Gary Heir (Chair), Marty Frankel, Miriam Grushka, Jeff Mannheimer, Sam Mitrirattanakul, Don Nixdorf, Don Primack, Tony Romero-Garcia, Tony Schwartz, and Ed Wright.

6. National Pain Awareness Campaign

- This is a message from the National Pain Foundation and American Academy of Pain Medicine:

Become a Pain Awareness Ambassador. As a specialty, pain medicine has made great strides – but we still have a long way to go to create the respect and visibility it deserves. Raising awareness of chronic pain is the responsibility of each of us who are touched by this important public health issue daily.

The National Pain Awareness Campaign, launched by The National Pain Foundation and the American Academy of Pain Medicine, is a movement to raise public awareness of pain issues and treatment options. You can help.

As a Pain Awareness Ambassador you will gain recognition as an influential pain practitioner and will be given the necessary resources to educate your community about pain. Your educational efforts can be extended to include persons in pain, their family and friends, the general public, payers and healthcare providers.

The primary objectives of the Ambassador program are to:
- Create awareness in your community as a spokesperson for pain management issues and therapies
- Develop partnerships with primary care providers in your area by helping them to access the most appropriate method of care
- Market your practice
- Distribute editorial content which highlights pain management issues in your community and how you and other pain specialists can help

As an Ambassador, you will receive numerous tools to guide your effort:
- PowerPoint presentation with credible data to effectively communicate issues regarding pain
- Quarterly editorials to distribute to local newspapers
- Regular electronic mailers showcasing effective programs of fellow Ambassadors throughout the country and providing relevant industry news
- Brochures for distribution in your practice and community
• Up-to-date news and information on the National Pain Foundation Web site (www.painconnection.org) and the American Academy of Pain Web site (www.painmed.org.)

Take advantage of this unique opportunity to make a positive impact on your community and practice, advance the practice of effective pain management and bring help to the millions who suffer needlessly with chronic pain. Together, our individual efforts can bring respect and much-deserved attention to the specialty of pain medicine.

Please join us in this important effort to increase pain awareness! Sign up easily by clicking http://www.painconnection.org/NationalPainAwareness/Ambassador_SignUp.asp.

Thank you for helping to change lives for the better!

7. The British Society for the Study of Craniomandibular Disorders Annual Symposium

May 21-May 22, 2004
Venue: Royal College of Physicians, Regents Park, London
Speakers: Dr Ross Tallents, Dr Wesley Shankland, Mr Robert Hensher, Dr Steve Olmos, and Prof Andrew Pullinger
For further information, e-mail seminars@fmc.co.uk or call +44-0-1923-851777

8. TMD/Orofacial Pain Positions Available

The Wisconsin TMJ and Orofacial Pain Treatment Centers are seeking a dentist to join their practice. Their practice consist of dentists specializing in TMD and orofacial pain, physical medicine and rehabilitation physicians, psychologists, and physical therapists. Residency, fellowships, and/pr certification in TMD/orofacial pain is desired. Contact Dr. Mary Karkow at (414) 476-9400 for additional information.

9. Requesting Information for future E-Newsletters

I would like to include news (publications, appointments, retirements, honors, etc.) about our members in this E-mail version of the AAOP Newsletter. If you would like me to place something about yourself or a fellow AAOP member, please E-mail me. If a photo is available, I would like a place a copy with the news item.

I would also like to place information about dentists looking for orofacial pain employment opportunities, orofacial pain practices for sale, orofacial pain groups looking for associates, and orofacial pain programs looking for staff members.

Please E-mail this information to me at ewright@satx.rr.com.